

# Patient Health Questionnaire - PHQ

ACN Group, Inc. Form PHQ-202

ACN Group, Inc. Use Only rev 3/27/2003

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

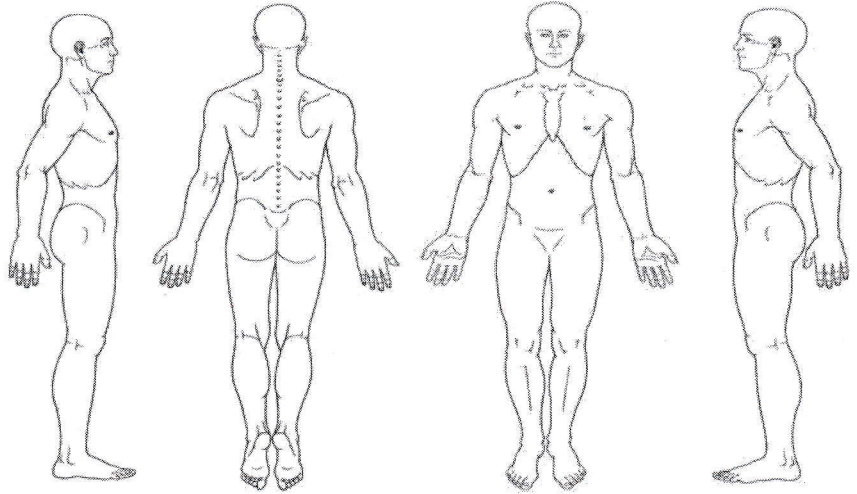
## 1. Describe your symptoms

a. When did your symptoms start? \_\_\_\_\_

b. How did your symptoms begin? \_\_\_\_\_

## 2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)



## 3. What describes the nature of your symptoms?

- ① Sharp
- ② Dull ache
- ③ Numb
- ④ Shooting
- ⑤ Burning
- ⑥ Tingling

## 4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

## 5. During the past 4 weeks:

a. Indicate the average intensity of your symptoms

None ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ Unbearable

b. How much has pain interfered with your normal work (including both work outside the home, and housework)

① Not at all      ② A little bit      ③ Moderately      ④ Quite a bit      ⑤ Extremely

## 6. During the past 4 weeks how much of the time has your condition interfered with your social activities?

(like visiting with friends, relatives, etc)

① All of the time      ② Most of the time      ③ Some of the time      ④ A little of the time      ⑤ None of the time

## 7. In general would you say your overall health right now is...

① Excellent      ② Very Good      ③ Good      ④ Fair      ⑤ Poor

## 8. Who have you seen for your symptoms?

① No One      ② Other Chiropractor      ③ Medical Doctor      ④ Physical Therapist      ⑤ Other

a. What treatment did you receive and when? \_\_\_\_\_

b. What tests have you had for your symptoms and when were they performed?

① Xrays date: \_\_\_\_\_      ③ CT Scan date: \_\_\_\_\_  
② MRI date: \_\_\_\_\_      ④ Other date: \_\_\_\_\_

## 9. Have you had similar symptoms in the past?

① Yes      ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

① This Office      ② Other Chiropractor      ③ Medical Doctor      ④ Physical Therapist      ⑤ Other

## 10. What is your occupation?

① Professional/Executive      ② White Collar/Secretarial      ③ Tradesperson      ④ Laborer      ⑤ Homemaker      ⑥ FT Student      ⑦ Retired      ⑧ Other

a. If you are not retired, a homemaker, or a student, what is your current work status?

① Full-time      ② Part-time      ③ Self-employed      ④ Unemployed      ⑤ Off work      ⑥ Other

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_